

News January- February- March

Militar and Policial, Seminar in the city of Mirandela

Organized by Inst. Sérgio Anes (FMS-Bragança) and Sensei Mário Marques (Karaté Shotokan-Mirandela).

This seminar was administered by the Chief Inst. Nelson Pinto, with the assistants, Int. Sérgio Anes, Sun Bae Nims Carlos Constâncio and Vera Pinto.

We have several entities :GNR (National Republican Guard), PSP (Public Security Police), Vigilants, Securitys, students of Karaté Shotokan. The Seminar was based on immobilizations, defenses against knife and firearm, we also trained aspects of the KickBoxing.



Photo Group-Seminar in the city of Mirandela



-Vera Pinto and Inst.Sérgio Anes, training knife fighting



-Immobilization with Inst.Sergio and Sempai Luis Dias



-Chief Inst. Nelson Pinto teachinh a joint lock to Sensei Mário Marques 3º Dan Karaté-Shotokan



-Sempai Dias, FMS Inst.Sergio, SBN Nelson Pinto, - Lots of fun, in all FMS seminars, and always with pain ☺
Sensei Mario Marques, Sun Bae Constâncio



Dinner time, in the wonderful house of Inst. Sérgio Anes and his Wife Anabela and his family, in the beautiful City of Bragança.

Adults Testing in January-City ofCaldas da Rainha



Luís Mineiro, Chief Inst. Nelson Pinto and João Pascoal

Chief Inst. Nelson Pinto, in the month of January 2007, received a declaration of recognition, from the Portuguese Ministry of the Internal Administration, for the teachings of FMS-CQC (Close Quarter Combat), to the Militarys of GNR (Republican National Guard-Intervention Force-SWAT). The teaching of FMS-CQC Program, to the Militarys, allowed the detention of violent individuals and guaranteed the physical integrity, as well to the arrested individuals.

S.  R.
MINISTÉRIO DA ADMINISTRAÇÃO INTERNA
GUARDA NACIONAL REPUBLICANA
BRIGADA N.º 2
GRUPO TERRITORIAL DE LEIRIA
DESTACAMENTO TERRITORIAL DE CALDAS DA RAINHA

DECLARAÇÃO

Eu, Adérito Dionísio Ribeiro dos Santos, Capitão de Infantaria, Comandante deste Destacamento Territorial da Guarda Nacional Republicana em Caldas da Rainha, declaro para os devidos efeitos que o Sr. Nelson Castanheira Pinto, portador do B.I. nº _____, emitido pelo Arquivo de Identificação de Lisboa, tem vindo a ministrar aulas de Defesa Pessoal (FARANG-MU-SUL) desde Janeiro de 2006, à Força de Intervenção e Apoio às Ocorrências (FIAPO) deste Comando, contribuindo significativamente para a preparação daquela força, para lidarem com situações de Ordem Pública, detenção e todas as acções que impliquem contacto físico com o adversário. Os ensinamentos ministrados pelo Sr. Nelson Pinto aos elementos da FIAPO, possibilitaram por diversas vezes proceder à detenção de indivíduos violentos, garantindo a integridade física dos agentes de autoridades, bem como a dos indivíduos a deter.

Por ser verdade e por me ser pedido, passo a presente declaração que vai por mim assinada e autenticada com o carimbo em uso neste Comando.

Quartel em Caldas da Rainha, 27 de Dezembro de 2006.

 COMANDANTE DO DESTACAMENTO

ADÉRITO DIONÍSIO RIBEIRO DOS SANTOS
CAPITÃO DE INFANTARIA



This month we were blessed, with the birth of a baby, Guilherme Freitas, son of a FMS student, of the School of the city Caldas da Rainha.

One more Future Warrior, for the new generation of Farangs Warriors.

That everything runs to you, for the best Guilherme and Congratulations to the parents, Ana and Marco.

Bodyguard Course

Chief Inst. Nelson Pinto and FMS portuguese students, participated with success the Course of Body Guard Level I (Initiation to the Close protection) and Level II (Professional Protection), with the Body Guard Instructor Helder Martins, that have is Body Guard Agency in Geneva-Switzerland. Instructor Helder Martins have a amazing curriculum, he protected people famous people like : USA Ex-President Bill Clinton, Portugal Ex President Jorge Sampaio, actor Bruce Willis, actrice Pamela Anderson, the singer Michael Jackson, Árabians Royal families, etc...

In this Course, Chief Inst. Nelson Pinto, teach FMS-CQC concepts, defense vs knife, firearm and stick, joint manipulations and immobilizations, tactics of control & arrest.



Left to Right: Bruno Franco, Inst. Tiago Silva, Alexandre Soares, Inst. Hélder Martins, Commissary José Pedro da PSP, Chief Inst. Nelson Pinto and Inst. Tiago Soares.
Cerimony Graduation, on the day 23 of march, 2007.

Kids Color Belt Testing, on March

